

## 7 Wriggle your body

Wriggle your body, everybody,  
Wriggle your body...like me.  
Wriggle your body, everybody,  
Wriggle your body...like me.  
See my *hands* dance about.  
Up and down, in and out.  
Wriggle your body, everybody,  
Wriggle your body...like me.

Suggested further verses:  
*Feet, shoulders, tummy, head, nose etc.*

*A fun-filled song to encourage joining in, confidence, body awareness and movement to rhythm.*